

## STEP 6

6. Were entirely ready to have God remove all these defects of character.

[Willingness      As a result of Step 4, I see things about myself I would like to change.]

## STEP 7

7. Humbly asked Him to remove our shortcomings.

[Humility      I start trying to change!]

“Let go” (76: 1)

**READY - Convinced:** overcome by life evidence

~We were sick and tired, worn out, exhausted; our way did not work

“Were we resentful, selfish, dishonest or afraid?” (86: 1)

**Step 6 action:** ~ Allow me to NOT do what I 'want' to do. ie: don't drink. etc.

"My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen." (76: 2)

**ASK - Conversion:** to turn around, return, transform, change

~a spiritual enlightenment leading to a new life

~“Were we kind and loving toward all?” (86: 1)

~“Practice spiritual principles” (97: 3)

~“It meant destruction of self-centeredness” (14: 1)

**Step 7 action:** ~ Allow me to DO what I do 'not want' to do, ie: go to meetings, etc.

“Let God” (76: 1)  
[of our understanding]”