

STEP 8

8. Made a list of all persons we had harmed, and became willing to make amends to them all. [Compassion List people I mistreated, or had ill feelings for.]

“We are trying to put our lives in order” (77: 0)

“Never get over drinking until straighten out the past” (72: 2)

“If haven’t the will to do this, ask until it comes” (76: 3)

Step 8: willing to try

“**IF** we are painstaking...” (83: 4) “Made a list” (59: 2)

“Like a tornado roaring his way
through the lives of others” (82: 3)

“We have a list of persons we have harmed...” (76: 3)

- ✓ “Business acquaintances,
- ✓ “friends (76: 4);
- ✓ “the man we hated (72: 1);
- ✓ “owe money (78: 2);
- ✓ “criminal offense (78: 3);
- ✓ “domestic troubles (80: 5);
- ✓ “some people cannot be seen” (83: 3)
- ✓ “harm we have done ourselves” [12&12, (79: 3)]

“**We have to do something**” (81: 1)

“We are willing to make amends” (76: 3)

~Consult with sponsor what an amend might look like