

Step 12

12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

[Service I try to help other alcoholics/addicts, and to practice what I have learned in all areas of my life]

"Be sober, considerate, and helpful, regardless of what anyone says or does" (99: 1)

"Spiritual Awakening as **THE** Result of These Steps" (60: 0) **Awakening** to a connected life

"To watch people recover, to see them help others, to watch loneliness vanish, to see a fellowship grow up about you, to have a host of friends - this is an experience you must not miss" (89: 2)

"Blessed fact of sobriety" (100: 2) *Connection & acceptance / Becoming whole; finding a calm center; turning inward*

"Program of action" (94: 1)

"The self-searching, leveling of our pride, confession of shortcomings which the process requires" (25: 1)

"Carry **THIS** Message" (60: 0) **Talk the talk** / Keep it by giving it away / You are not alone

"Nothing will so much insure immunity from drinking as intensive work with other alcoholics" (89: 1) "**How you got well**" (93: 0)

"Desperate enough" (96: 1) "The mental twist which leads to the first drink of a spree" (92: 0)

"One of a fellowship" (90: 3) "He may be helping you more than you are helping him" (94: 1)

"Practice **THESE** Principles"(60:0) **Walk the walk**

"An approach that worked" (95: 4)

"Kit of spiritual tools" (25: 1; 95: 1) "Live by spiritual principles" (93: 0)

"Put those principles into action" (98: 3) "Day by day" (99: 2) / *Staying in today*

"You can be uniquely useful to other alcoholics" (89: 3)