

STEP 3

3. Made a decision to turn our will and our lives over to the care of God, as we understood Him. [Trust I make a commitment to follow ALL the suggestions.]

DECISION

- ~To make up one's mind to act
- ~To settle a dispute in one stroke
- ~Today

TURN OVER

- ~To reverse; do about face
- ~To have recourse to help
- ~Surrender

WILL

- ~The control the **MIND** has over desires and actions
- ~"Quit playing God" (62: 3)

LIFE

- ~The resilience of the **BODY** to persevere and endure
- ~"Our troubles are of our own making" (62: 2)

CARE OF

- ~Offer concern and place of **refuge**
- ~"Relieve me of the bondage of self" (63:2)

OF OUR UNDERSTANDING

- ~What we can stand before, be close to, or grasp
- ~"An unsuspected inner resource" (567: 4)

- ~"Safe harbor" (12&12 35: 2)
- ~"peace of mind and lose fear" (63: 1)